



Echocardiogram

This instruction sheet for your home care has been prepared by Faith Regional Health Services. It includes the basic points of your care and we believe that it will help in your recovery at home. If you have any questions, please feel free to ask them.

An Echocardiogram (Echo) is a test that uses ultrasound waves to examine the heart. It measures the size of the chambers, the thickness of the heart muscle wall and takes images of the heart valves. An Echo will help determine any other abnormalities that your heart may have.

What happens during the test?

You will be asked to lie on your left side. Three electrodes will be attached to your chest and shoulders. This will record your EKG. A colorless gel will be applied to the area of the chest where the transducer (a probe that will obtain the views of your heart) will be placed. The sonographer will then move the transducer over your chest to obtain several different views of your heart.

How do I prepare for the test?

There is no required preparation for this test.

Additional Information:

The test will take approximately 20 minutes to 1 hour to complete.

Date and time of your test: _____

Check into admitting desk at: _____

Results from your test will be discussed with you at your next clinic appointment. Call your doctor if you have any other questions or concerns about your health condition.

The Health Resource Center at Faith Regional provides a variety of health-related topics to the public. To learn more, call (402) 644-7347.