



## Pulmonary Function Test (PFT)

This instruction sheet has been prepared by Faith Regional Health Services.

### Complete Pulmonary Test

Your physician has ordered a series of tests that will measure your lung function. These consist of several breathing tests performed through a mouthpiece. The results obtained from these tests will give your physician information on how effectively your lungs function.

In order to have accurate test results, your very best effort is needed during these tests.

The test may take you one hour to complete.

### Please follow these instructions in preparation for your test:

- Do not eat a large meal before the test.
- Unless you are having trouble breathing, do not use inhalers for 4 hours prior to the test.
- Do not have an aerosol bronchodilator treatment for 4 hours prior to the test.
- Wear loose clothing for the test.
- Bring a list of all current medications.

**Remember: This test requires your best effort for accurate results.**

If you are having this test done as an outpatient, use the front (east) entrance.

**Date and Time of Procedure:** \_\_\_\_\_

If you have any questions or concerns about your test and cannot reach your doctor, you can call Faith Regional Health Services, Cardiopulmonary Department at (402) 644-7517.